

Henry County RSVP

Director's Corner

I can't express how excited I am about some of the new opportunities we have for our volunteers. As you will see on the right, we are starting our Pen Pal program this month.

My hope is that this program can continue in future years. This is a way to get volunteers involved that would not otherwise have the opportunity to volunteer such as nursing home residents and shut ins.

Having celebrated my one-year anniversary as the RSVP Director in November opened doors for new programming.

I am looking forward to doing more recruiting events for volunteers this year so if you have an opportunity for me to visit a group you are involved with, give me a call. You will also see me out and about in the community more!



STATION SPOTLIGHT

Guess what? Henry County RSVP has a new volunteer from home opportunity. Beginning this January, we will be teaming up with Mrs. Sylves' fourth grade classroom at Harlan Elementary.

There will be an orientation for this program on January 11 at 9 a.m. in The Fellowship Cup Community Room. At this meeting, all materials will be provided to volunteers that are needed for the program.

The world has become even more reliant on the use of electronics since the start of the COVID pandemic. Meetings are being held online and letter writing seems to have gone by the wayside as text messages and emails have become an easier and faster way to communicate.

Research has shown that receiving a letter releases dopamine and serotonin, our 'feel good' hormones.

It is also beneficial for the writer. It increases visual motor skills, engages memory, & encourages concentration. These are all things that fourth graders (and, lets be honest, all of us) can use.

If this program is successful in Mrs. Sylves' classroom, the entire fourth grade in the Mt. Pleasant Community School District may adopt it!

If you are interested in the volunteering for the Pen Pal Program, attend the meeting on the 11th or contact Lindsey at 031-385-3242 if you are unable to attend.

HAPPY BIRTHDAY

Sherla Arp	Don LeBlanc
Marsha Birdsell	Carol Provino
Jackie Brawner	Darrel Rogers
Teena Craff	Reynolds Roth
Patty French	Carole Scott
Connie Geiser	Linda Sinn
Millie Graber	Dan Spray
Cyndi Houston	Marilyn Vincent
Barb Kennedy	Viola Walker
Sally Kinney	Arlene Wright
Linda Kruse	Marlene Wright
Joyce Lasswell	Tom Young



Volunteers are required to update their automobile liability insurance with us. In auditing our files, there are several insurance cards that are outdated. Please stop in when you have an opportunity and update these.

Did you know that Henry County RSVP now has a new cell phone number? The cell number is 319-201-6334. This phone is with Lindsey & turned on during normal business hours (Monday–Friday 8 a.m.– 5 p.m). She will have during non-business hours but understand that you may not get a response immediately.

UPCOMING EVENTS

- Thursday's from 10 a.m.— 4 p.m. Fellowship Cup Food Pantry
- January 11— Pen Pal Program Orientation at 9 a.m. in The Fellowship Cup Community Room
- January 24— Administrative Board Meeting
- January 31– February 2 Lindsey out of office for Legislative Event in Des Moines.
- March 12 – 18 AmeriCorps Week
- Month of April – Volunteer Appreciation Month
- April 11– Volunteer Appreciation Luncheon at 12 p.m. in The Fellowship Community Room, invitations will be sent
- Office Hours will vary, but typically, Lindsey is in the office from 10 a.m.— 4 p.m.
- Look for more information about upcoming events.

Henry County RSVP
Lead With Experience

203 N. Jefferson St.
Mt. Pleasant, IA
52641

Office: 319-385-3242
Cell: 319-201-6334

Located inside
The Fellowship Cup

Get Social With Us!



Find us
@henrycountyrsvp