



## Upcoming Events

Nothing! Since we have no idea when we will be able to safely gather again, nothing has been scheduled. I am crossing my fingers that we can hold our ice cream social in August, but nothing has been decided yet. We will have to wait and see.



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**RSVP is on Facebook and Twitter! Find us @rsvpHenryCounty on both.**

# RSVP of Henry County

ONE OF THE LARGEST VOLUNTEER NETWORKS IN THE NATION FOR PEOPLE  
AGE 55 AND OLDER.

## A WORD FROM THE DIRECTOR

Well, I have to admit I'm a little short on words to describe the past couple of months, and no one can truly predict what the next few months will look like. I can say that I am very hopeful we will be able to get back to our volunteering, with all reasonable safety precautions in place, as soon as possible. I have honestly enjoyed talking with all of you as I make my way down my list of volunteers. Your kindness and generous spirits lift me up, and remind me to find fun and purpose in every day. So thank you.



## Making the Choice

Rather than lift up a particular volunteering opportunity this time, I'd like to remind you all that every volunteering assignment is important and valued. Every job makes a difference. Every smile, every kind word makes a difference. For those of you who are missing human connection, missing spending time with your volunteering friends, this is why volunteering matters. It's not just about the task you do, although that task certainly does have value. It's about the social support that you both offer and receive.

Loneliness is a very real threat to our health. One study showed it was as harmful to the body as smoking, and can literally shorten your life. Whether you work with the elderly or children, your smile and cheery greeting might be the first positive human interaction that person has had in days. It makes a difference. And while anyone could provide that smile, you as volunteers are more likely to provide that positivity because you are there by choice. Making the choice to show up and help someone else is making the choice to make someone else's day a little brighter, a little less lonely.

A LITTLE  
INSPIRATION AND  
ENCOURAGEMENT,  
JUST FOR YOU:

“You are not a drop in the ocean. You are the entire ocean in a drop.”

“Watch more sunsets than Netflix.”

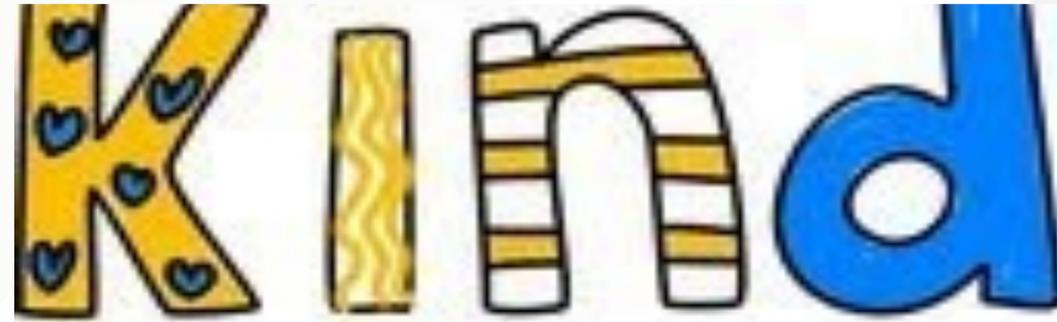
“Sunshine in the best medicine.”

“Happier than a seagull with a French fry.”

“Every day is a fresh start.”

“The most beautiful things in the world cannot be seen or even touched. They must be felt with the heart.”

“Those who don’t believe in magic will never find it.”



CARDS FOR NURSING HOMES

I have been so touched by the response I’ve gotten from so many of you about sending cards to nursing home residents. Last week I delivered stacks of cards to several nursing homes, and they were gratefully received by staff, who will distribute the cards to the residents who would most benefit. So far, we have delivered 152 cards to nursing homes. These are positive, encouraging cards that can be given to any resident who could use a little extra cheer in his or her day.

This was part of our response to the needs in our community related to Covid-19, but it does not have to stop as the restrictions are lifted.

I would be happy to consider adding this as a permanent opportunity, if you are interested in doing so.

If this possibility appeals to you, please call or email me at the office and let me know, so I can gauge the level of interest.



Looking Ahead

While there has certainly been things we have enjoyed about having a very open calendar, I am sure you are looking forward to returning to many of your daily activities again. I am looking forward to people stopping by my office for conversation again! Although we do not know for sure what business will look like moving forward, we can start talking about how we can get back to business as close to normal as possible, while protecting the health and safety of our volunteers. The volunteering work you do is important, and valued, and we are expecting we will be able to continue doing it. There will, however, most likely be changes to how we do that work. You may be encouraged to wear a mask, for example, and there may be fewer people volunteering at one time.

Please be assured we will do everything we can to ensure you are able to volunteer safely, including providing masks and gloves. If you have concerns about returning to your volunteering, please call me at The Fellowship Cup so we can talk it through.

Lastly, please see the reminder below regarding updated auto insurance records. This was a request I made prior to the quarantine, and obviously once that went into effect you could not bring your card in. I would like to have everyone’s insurance information up-to-date by the end of summer. Thank you.

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BUSINESS, REMINDERS, ETC.

\*We are required to keep updated auto insurance information on our volunteers. If your insurance has been updated or changed, and you don’t know if we have the new information, please stop by the office so we can check.

- Happy Birthday to:
- Melinda Huisinga
- Bob Cardoni
- Joanne McCabe
- Phil Graber
- Carol Kennedy
- Katie Mertens
- Jennifer Rode
- Deb Coleman
- Karen Neff
- Mike Vincent
- Wini Wilt
- Judith Miller
- Ron Clouse
- Merle Thomas
- Sue King
- John Rode
- Larry Brenizer
- Carole Lauger
- Nancy Conrad
- Myrtle Rice
- Lowell Gaulke
- Lena Schrader
- Joyce Dennison
- John Kuhens
- Pat Coe